



Dear Parent(s)/ Carer(s)

Welcome to the last newsletter of our first half term. We have had a much calmer week in school with some fantastic learning taking place in all classes.

Black History Month

October is Black History Month and this year's theme is Standing Firm in Power and Pride. It has been wonderful to see all classes engaged in finding out about inspirational people and the children are so eager to share what they have discovered.

Hérons have been focusing on musicians who used music to protest racial injustice, whilst Kingfishers have been learning about Walter Tull, one of the first black army officers who faced racial prejudice.

I am looking forward to Wednesday when all the children will come together to share what they have learnt.

Film Club Friday

On Friday, Mrs Skinner and our School Council hosted our first 'Film Club Friday'. The event was a great success - the children loved snuggling down with blankets, bean bags and snacks and enjoyed watching The Wild Robot.

School Council worked tirelessly to ensure everybody had snacks and drinks and did such a good job helping Mrs Skinner to plan and organise the event.

They hope to make this a half termly event so keep a look out for details of the next film to be shown before Christmas.




New School Logo

I wrote to parents/carers on Friday with details of our new logo.

For anyone that didn't receive the email here is an image of our new school logo. We will be using this, along with our new name St Thomas of Canterbury CE Primary School, Lapford, after Christmas.

Have a lovely week everyone.

Mrs Wright

Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek





SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

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What's on 20-24 October

Day	What's On	PE	Music Lessons	Clubs
Monday 20 October	Upper Herons to Library	Herons swimming	Ms Bloch flute lessons	LAST SESSION 3:30 - 4:30pm Yrs2-6 Handball Club
Tuesday 21 October	9 - 10:30am Stay & Play	Key Stage 2 Handball Tournament at CPS		
Wednesday 22 October				
Thursday 23 October	Herons trip to RAMM NEW DATE: Kingfishers Forest School Afternoon LAST DAY OF TERM		<ul style="list-style-type: none"> Mrs Craddock keyboard & violin lessons Mr White drum lessons 	
Friday 24 October	NON PUPIL DAY			

What's on 4-7 November

Day	What's On	PE	Music Lessons	Clubs
Monday 3 November	NON PUPIL DAY			
Tuesday 4 November	PUPILS BACK TO SCHOOL 9 - 10:30am Stay & Play			
Wednesday 5 November				
Thursday 6 November			<ul style="list-style-type: none"> • Mrs Craddock keyboard & violin lessons • Mr White drum lessons 	
Friday 7 November				

Planning a holiday?

Term dates for 2025-26 and 2026-27 can be found [here](#)





The Robins are absolutely loving their weekly Forest School sessions! This week, Ernie was thrilled to share his discovery of an “invisible leaf” – a delicate leaf skeleton.



We also made an exciting identification: the tiny hoops found on the underside of oak leaves are actually Silk Button Galls, caused by the wasp *Neuroterus numismalis*.



These galls are slightly raised with a small dent in the centre, and they form just one part of the fascinating and complex life cycle of this remarkable gall wasp species.

It's wonderful to see the children so engaged with the natural world around them!



The Kingfishers were so excited to make their very own apple juice – and it tasted amazing! A big thank you to Sarah for bringing in the juice maker.



The children loved exploring and creating imaginative spaces using natural materials. And of course, marshmallows around the fire are always a big hit!





Mrs K is Almost a Licensed Thrive Practitioner!

We're delighted to share that Mrs K has nearly completed her training to become a licensed Thrive Practitioner!

At the heart of Thrive is the understanding that positive relationships are essential for the healthy social and emotional development of children and young people. The connections they build with the adults around them can have a powerful impact on their wellbeing, learning, and growth.

Through Thrive activities, children are supported with positive experiences and nurturing, trusting relationships. This helps them to:

- Feel good about themselves and know they matter
- Feel safe and secure in school
- Improve their emotional wellbeing
- Be more creative and curious
- Build self-esteem and confidence to learn
- Recognise and manage their feelings
- Think before reacting or behaving in a certain way...and so much more!

We are very excited about the positive impact Mrs K's training will continue to have across our school community.



Mindfulness activities for young people



Learn to knit, crochet, rag rug or weave.

Make a calm jar – shake it up and watch it settle.

Learn breathing techniques such as box breathing.

Give yourself a hand massage.

Try a visualisation meditation before bed.

Try baking something and notice the smells, tastes and textures.



Let's help every child thrive

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Stars of the Week 17 October 2025



Lapford Legends 17 October 2025



Chulmleigh Academy Trust
JOB ADVERTISEMENT

Chulmleigh Primary School

Part Time, Permanent
Mealtime Assistant
Grade A - £12.65 per hour
7.5 hours per week x 39 weeks per annum

Required from November 2025

We are seeking to appoint an enthusiastic, patient and caring Mealtime Assistant to join our support team at Chulmleigh Primary School.

The main responsibilities of the role are, to assist with the well-being of pupils in the Early Years during lunchtime including supervising the children in the dining area and encouraging them to use good table manners and promote positive behaviour.

The successful candidate will also undertake playground duty which involves supporting children during play and leading and encouraging all children to engage and participate in activities.

The post is available from November and offered for 7.5 hours per week. The working pattern is for 1.5 hours per day over 5 days per week from 11.45am – 1.15pm.

We are committed to promoting equality of opportunity and access for all, irrespective of age, background, race, gender, religion, ability, disability, or sexuality. We welcome applications for employment from the whole community

Further details, including job description application form and information about our dynamic and exciting school are available on our website.

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to 50% off childcare fees at our out of school clubs for children of compulsory school age.

We are committed to promoting equality of opportunity and access for all, irrespective of age, background, race, gender, religion, ability, disability, or sexuality. We welcome applications for employment from the whole community.

A full candidate pack has been published to support our recruitment which can be found on our [website](#).

Please download and complete the application form and email it to personnel@chulmleigh.devon.sch.uk by 10 am on Tuesday, 4th November 2025. All applications will be acknowledged.

As employers, we are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment and in that regard, we have appropriate policies and procedures. All staff undertake a criminal record check via the Disclosure and Barring Service (DBS) and interviews will include questions about safeguarding children.

In line with Government guidance, we may carry out online searches against shortlisted applicants' names as part of our due diligence checks.

Closing date: 10 am Tuesday, 4th November 2025
Interview date: Tuesday, 11th November 2025

COMMITTED

SUPPORT OUR LOTTERY TODAY

Splitting the £1.00

- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Lapford Community Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Lapford Community Primary School

The Maths... 100 tickets sold a week means

- = £30 weekly cash prize
- = £2,080 a year for our school

Buy A Ticket

GambleAware

Lapford
CHRISTMAS
FAYRE

WHERE: LAPFORD COMMUNITY PRIMARY SCHOOL HALL

WHEN: SATURDAY 6TH DECEMBER - 2-4PM

- * STALLS * CRAFTS * GAMES *
- * SANTA * RAFFLE * CAKES *
- * REFRESHMENTS & MORE *

STALL PRICE £6
FREE ENTRY FOR VISITORS - DONATIONS SUGGESTED
IF YOU LIKED TO BOOK A STALL PLEASE CALL OR TEXT STACEY ON 0789 1556884

Made with PosterMyWall.com

School Lunches

MyEd + Pay

£2.61

Please order by midnight the day before

*

If you miss this deadline please provide your child with a packed lunch

www.lapford-primary.devon.sch.uk

Lapford Breakfast Club Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans on Toast	Bagels	Sausage Baps	Toasted Teacakes	Scrambled Eggs on Toast

- Toast
- Crumpets
- Selection of Jams & Spreads
- Fresh Fruit
- Yoghurt
- Cereals
- Milk
- Apple Juice
- Orange Juice
- Water

AVAILABLE EVERY DAY!

FREE Breakfast Club Reception to Year 6

ALL pupils from Reception to Year 6 can book into our FREE 8:30am Breakfast Club. Please go to MyEd to select your days!

PLEASE CLICK [HERE](#) FOR OUR LUNCH ALLERGEN INFORMATION

Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

AUTUMN MENU Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Breakfast Brunch with Bacon, Sausage, Hash Brown and Beans	Pasta Bolognese with Garlic Bread and Sweetcorn	Roast Gammon with Roast Potatoes, Gravy, Carrots and Cabbage	Chicken, Ham & Sweetcorn Pie with New Potatoes, Carrots & Peas	Fish Finger Sandwich with Roasted New Potatoes and Garden Peas
Pick a MEAT-FREE MAIN	Quorn Sausage with Hash Brown, Beans & Tomatoes	Vegetable Soft Shell Taco with New potatoes & Garden Peas	Chickpea and Sweet Potato Bake, with Roast Potatoes, Carrots and Cabbage	Cheese and Onion Quiche with New Potatoes and Peas	Veggie Finger Sandwich with Roasted New Potatoes and Peas
Pick a JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna	Cheese or Tuna Mayo	Cheese or Beans
Pick a SANDWICH	Cheese or Ham	Ham or Tuna Mayo	Cheese or Tuna Mayo	Ham or Cheese	Ham or Tuna Mayo
Pick a DESSERT	Fruit Platter Yogurt Fresh Fruit	Carrot and Courgette Chocolate Brownie Yogurt Fresh Fruit	Jelly with Mandarins Yogurt Fresh Fruit	Banana Cake Yogurt Fresh Fruit	Oaty Cookie Yogurt Fresh Fruit

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

School Lunches

Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

AUTUMN MENU *Week 2*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Beef Chilli with Rice, Nachos & Sweetcorn	Steak & vegetable Pie with Mash, Carrots and Peas	Roast Pork with Roast Potatoes, Gravy, Carrots and Cabbage	Chicken Burger with Wedges and Peas	Breaded Fish with Roasted New Potatoes and Beans
Pick a MEAT-FREE MAIN	Vegetarian 5 Bean Chilli with Rice, Nachos & Sweetcorn	Falafel Wraps with Mash, carrots & Peas	Homity Pie with Roast Potatoes, Carrots and Cabbage	Plant Based Burger with Wedges and Peas	Vegetable Fajita with Roasted New Potatoes And Beans
Pick a JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna Mayo	Cheese or Beans
Pick a SANDWICH	Cheese or Ham	Tuna or Ham	Cheese or Tuna	Cheese or Ham	Tuna or Ham
Pick a DESSERT	Iced Sponge	Meringue with Cherry Pie Filling	Chocolate Mousse	Chocolate Krispie Cake	Lemon Drizzle
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

AUTUMN MENU *Week 3*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Pepperoni Pizza with Wedges & Salad	Sweet and Sour Chicken with Rice & Sweetcorn	Roast Chicken with Roast Potatoes, Gravy, Carrots & Cabbage	Chipolata Sausage with Mash, Gravy, Carrots & Peas	Fish Fingers or Salmon Bites with Diced Potatoes & Beans
Pick a MEAT-FREE MAIN	Cheese & Tomato Pizza with Wedges & Salad	Singapore Noodles	Broccoli and Cheddar Quiche with Roast Potatoes, Carrots & Cabbage	Vegetarian Sausage with Mash, Gravy, Carrots & Peas	Halloumi Stuffed Pepper with Diced Potatoes & Beans
Pick a JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna mayo	Cheese or Beans
Pick a SANDWICH	Cheese or Ham	Tuna Mayo or Ham	Cheese or Tuna Mayo	Cheese or Ham	Tuna Mayo or Ham
Pick a DESSERT	Fruit Platter	Waffle with Apple & Toffee Sauce	Jelly and Fruit	Flapjack	Carrot Cake
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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