

NEWSLETTER



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2 February 2026

Dear Parent(s)/ Carer(s)

Despite the very wet and stormy weather, last week was a wonderfully full and memorable one at St Thomas of Canterbury, with plenty of learning, laughter and togetherness seen across the school.

On Tuesday, we were delighted to welcome children and staff from East Worlington School, who joined us for the day after an unexpected sewage issue meant their school would otherwise have had to close.



It was lovely to see the school so busy and bustling, and heart-warming to see the children mixing so naturally, playing together at break and lunchtime.

Our visitors also joined us for collective worship, which felt particularly special as we came together as one school community. Staff from East Worlington were quick to comment on how polite, well-mannered and welcoming the St Thomas children were. They were especially impressed by how thoughtfully equipment was shared during lunch and break times, showing kindness, patience and respect in action.

We are incredibly proud of how our pupils represented the school.

Online Safety

Thursday brought two very different but equally exciting experiences. Our oldest pupils in Years 5 and 6 travelled to Chulmleigh College to take part in an online safety workshop delivered by the Breck Foundation.

The session was engaging, informative and age-appropriate, helping children to better understand how to stay safe online, make good choices and know where to seek help if something doesn't feel right. The children listened attentively, asked thoughtful questions and represented the school superbly while out in the wider community.

Forest School

Meanwhile, back at school, Kingfishers headed out for their very first Forest School session of the year. Although the weather was wet, it certainly didn't dampen spirits! Wrapped up in waterproofs and wellies, the children embraced the elements and threw themselves into the activities. They worked together to build impressive dens and enjoyed a lively and competitive game of "find me a...", which had everyone exploring the forest floor with enthusiasm. It was wonderful to see such resilience, teamwork and joy, even in the rain.



All in all, it was a week full of positive experiences that truly reflected our school values. Well done to everyone involved!

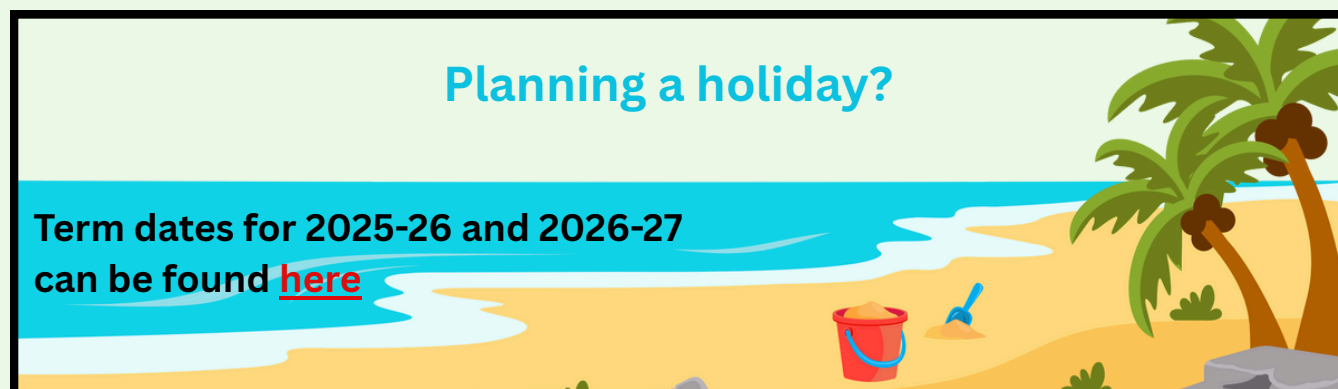
Mrs Wright

What's on 2-6 February

Day	What's On	PE	Music Lessons	Clubs
Monday 2 February	Kingfishers to Library		Ms Bloch flute lessons	3:30 - 4:30pm Multisports Club with Mrs Perry
Tuesday 3 February				
Wednesday 4 February				
Thursday 5 February	Herons Forest School Day		Mrs Craddock violin and keyboard lessons Mr White drum lessons	
Friday 6 February				

Planning a holiday?

Term dates for 2025-26 and 2026-27 can be found [here](#)



What's on 9-13 February

Day	What's On	PE	Music Lessons	Clubs
Monday 9 February			Ms Bloch flute lessons	3:30 - 4:30pm Multisports Club with Mrs Perry
Tuesday 10 February	Nursery - Yr2 Mutliskills Day			
Wednesday 11 February				
Thursday 12 February	Maths Open Morning		Mrs Craddock violin and keyboard lessons Mr White drum lessons	
Friday 13 February	LAST DAY OF TERM			



Don't forget those named coats and wellies - the weather has been particularly awful recently!





Over the last half term, Robins have been looking at 'How Things Work', a half-term topic they have come up with by themselves. They asked questions like 'how are homes built?', 'what are stars?' and 'how do our bodies work?' and have been doing lots of great learning over the last few weeks.



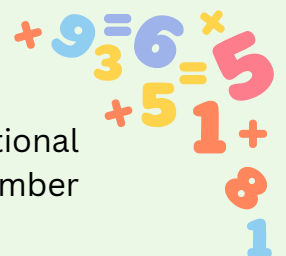
In construction, we have made a house, a rocket and a jail out of large blocks outside. We have also reached stars, played with old toys and experimented with building houses out of blocks inside. We have been strengthening our finger muscles and improving fine-motor skills by sculpting houses, making stars out of playdough and cutting out skeletons as well as joining in with dough disco and peer massage.



In Art, we have been making sparkly stars, building houses, making puppets and experimenting with colour, texture and design. We love the sensory tray – especially when we had sand inside which we used to practice mark marking!

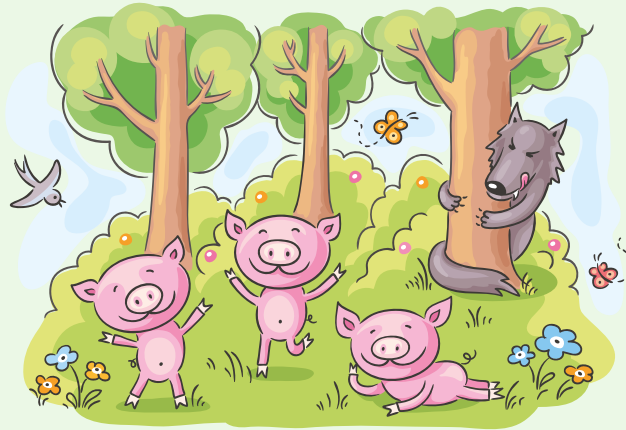
This half term, we have particularly enjoyed using the Role Play area where we can use our newly acquired vocabulary in play. Our Supermarket has been a big hit and we have enjoyed making signs, handling money, persuading each other to buy things and writing lists. Each week, it has slightly changed with our theme and this week, we have a Pharmacy to link with our learning: The Human Body.

In Maths, we have been looking at squares and rectangles, numbers 0-5, positional language in Nursery, and capacity. We have also joined in with plenty of number songs!





We have enjoyed books such as 'Lost in the Toy Museum' and 'How to Catch a Star' but I think our highlight was recording our wolf impressions on sound buttons when learning about the Three Little Pigs.



All children have had a many goes at writing this half term – even the Nursery children! Reception have been learning more digraphs than ever before and have enjoyed the new challenge of spotting them in their books and writing sentences and words using them.

We are so proud of their hard work and creativity!



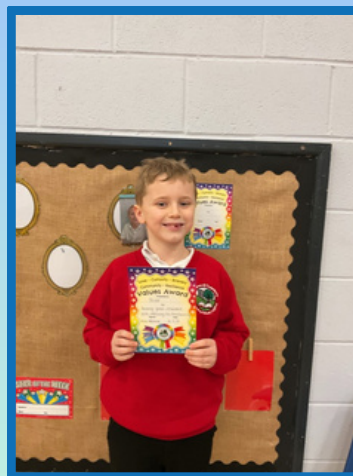
Stars of the Week 30th January 2026



Congratulations to Mia, Sienna & Florence!

Values Award 30th January 2026

LOVE BRAVERY RESILIENCE CURIOSITY COMMUNITY



Congratulations to Ernie, Oliver & Jesse!

UK Health Security Agency **NHS**

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics




No
but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

SUPPORT OUR LOTTERY TODAY

£1 per week
Weekly cash prizes
£25,000 jackpot

YOUR SCHOOL LOTTERY

£1 TICKET

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Lapford Community Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Lapford Community Primary School

Splitting the £1.00



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school

Buy A Ticket

GambleAware 18+



Need advice on energy?

Our dedicated energy team are here to help you:

- Check for grants to help you pay for your energy usage
- Apply energy-saving measures to save you money
- Talk to your supplier to sort out any problems you might be having

Call us on 01237 879 233

Scan the QR code to fill out a referral form



School Lunches

MyEd + Pay £2.61

Please order by midnight the day before

*

If you miss this deadline please provide your child with a packed lunch

www.lapford-primary.devon.sch.uk



Lapford Breakfast Club Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans on Toast	Bagels	Sausage Baps	Toasted Teacakes	Scrambled Eggs on Toast
<ul style="list-style-type: none"> • Toast • Crumpets • Selection of Jams & Spreads 		<ul style="list-style-type: none"> • Fresh Fruit • Yoghurt • Cereals 		<ul style="list-style-type: none"> • Milk • Apple Juice • Orange Juice • Water

AVAILABLE EVERY DAY!

FREE Breakfast Club for Reception to Year 6 pupils

ALL pupils from Reception to Year 6 can book into our FREE 8:30am Breakfast Club. Please go to MyEd to select your days!

Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

SPRING MENU

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Breakfast Brunch with Bacon, Sausage, Hash Brown and Beans	Beef Lasagne with Wedges & garden Peas	Roast Gammon with Roast Potatoes, Gravy, Carrots and Cabbage	Chicken Korma with Rice & Naan Bread	Fish Finger Sandwich with Iceberg Lettuce in a Bap with Roasted New Potatoes and Garden Peas
MEAT-FREE MAIN	Quorn Sausage with Hash Brown, Beans & Tomatoes	Vegetarian Lasagne with Wedges & Garden Peas	Broccoli & Cauliflower Gratin with Roast Potatoes, Carrots and Cabbage	Vegetarian Cauliflower, Chickpea & Sweet Potato Korma with Rice & Naan Bread	Veggie Finger Sandwich with Iceberg Lettuce in a Bap with Roasted New Potatoes and Garden Peas
JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna	Cheese or Tuna Mayo	Cheese or Beans
SANDWICH	Cheese or Ham	Ham or Tuna Mayo	Cheese or Tuna Mayo	Ham or Cheese	Ham or Tuna Mayo
DESSERT	Fruit Platter Yogurt Fresh Fruit	Carrot and Courgette Chocolate Brownie Yogurt Fresh Fruit	Flapjack Yogurt Fresh Fruit	Banana Cake Yogurt Fresh Fruit	Coconut Cookie Yogurt Fresh Fruit

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

SPRING MENU

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Battered Chicken Burger in a Bap with Wedges & Salad	Savoury Mince with Creamy Mash, Carrots and Peas	Roast Pork with Roast Potatoes, Carrots, Cabbage & Gravy	Kung Pao Chicken with Steamed Rice & Sweetcorn	Breaded Fish with Roasted New Potatoes and Beans
MEAT-FREE MAIN	Plant Based Burger in a Bap with Wedges & Salad	Vegetarian Spanish Bean Stew with Creamy Mash, Carrots & Peas	Vegetarian Homity Pie with Roast Potatoes, Carrots and Cabbage	Vegetarian Sweet & Sour Vegetables with Rice & Sweetcorn	Vegetable Fajita with Roasted New Potatoes And Beans
JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna Mayo	Cheese or Beans
SANDWICH	Cheese or Ham	Tuna or Ham	Cheese or Tuna	Cheese or Ham	Tuna or Ham
DESSERT	Iced Sponge Yogurt Fresh Fruit	Sticky Toffee Cake with Toffee Sauce Yogurt Fresh Fruit	Banana Mousse Yogurt Fresh Fruit	Chocolate Krispie Cake Yogurt Fresh Fruit	Lemon Drizzle Yogurt Fresh Fruit

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Chulmleigh Academy Trust

FRESH FRUIT & YOGHURT SERVED DAILY

SPRING MENU

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Meatballs in a Tomato Sauce with Spaghetti, Sweetcorn & Garlic Bread	Hoisin Chicken Stir Fry Noodles with Sweetcorn & Garden Peas	Roast Turkey with Roast Potatoes, Carrots, Cabbage & Gravy	Chipolata Sausage with Mash, Gravy, Carrots & Peas	Chicken Nuggets with Roasted New Potatoes & Baked Beans
MEAT-FREE MAIN	Vegetarian Tomato & Mozzarella Pasta with Sweetcorn & Garlic Bread	Vegetarian Singapore Noodles with Sweetcorn & Garden Peas	Vegetarian Leek & Mushroom Bake with Roast Potatoes, Carrots, Cabbage & Gravy	Vegetarian Sausage with Mash, Gravy, Carrots & Peas	Vegetarian 'No Chicken' Nuggets with Roasted New Potatoes & Baked Beans
JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna mayo	Cheese or Beans
SANDWICH	Cheese or Ham	Tuna Mayo or Ham	Cheese or Tuna Mayo	Cheese or Ham	Tuna Mayo or Ham
DESSERT	Apple & Cinnamon Cake Yogurt Fresh Fruit	Jam & Coconut Sponge Yogurt Fresh Fruit	Fruit Jelly & Mandarins Yogurt Fresh Fruit	Custard Cookie Yogurt Fresh Fruit	Carrot Cake Yogurt Fresh Fruit

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