

# NEWSLETTER



RECEPTION: 01363 83292

[www.stc-primary.devon.sch.uk](http://www.stc-primary.devon.sch.uk)

EMAIL: [admin@stc-primary.devon.sch.uk](mailto:admin@stc-primary.devon.sch.uk)

19 January 2026



## Dear Parent(s)/ Carer(s)

After our crazy first week back celebrating the new school name, it was nice to have a quieter, more focused week in school where the children could really get stuck into their learning.

### **Robins**

In Robins the children are enjoying asking questions about 'How things Work'. Last week they were looking at toys from the past and thinking about how these have changed over time. This week, the children have asked how houses are built and Mrs Skinner and Dr Ali will be attempting to help them understand, with a little help from three little pigs!

## Herons

Herons are following a Geography theme as they begin to explore settlements, before focusing in on Lapford and finding out more about our local village. In Science, Upper Herons have been learning about light and this week enjoyed making their own periscopes. Now that they understand how they work, I'm sure they have been using them to spy on each other!

## Kingfishers

Kingfishers have been enjoying their work on maps and it was lovely to pop in and see them hard at work using a map of the local area to plan a route to the park. The children were becoming confident using directional language and could explain to me using compass directions, which way I needed to travel.



## Uniform Reminder

It has been brilliant to see the children wearing their new uniforms so proudly. They look so smart and I have had reports from several families that members of the public have commented on how well presented they are. Please could all families ensure that their child also has an appropriate PE kit in school – black shorts, white t-shirt, trainers/plimsolls and socks if your child is wearing tights as part of their uniform. It's a health and safety requirement that children are dressed appropriately for PE, and we do not want children to miss out on these important lessons just because they do not have the correct kit.

This week we are looking forward to welcoming visitors to our school as we take part in the recruitment process for a new Head of Primary Education to replace Mrs Healey when she moves to her new role after Easter. We will update you in due course.

Have a great week.

Mrs Wright

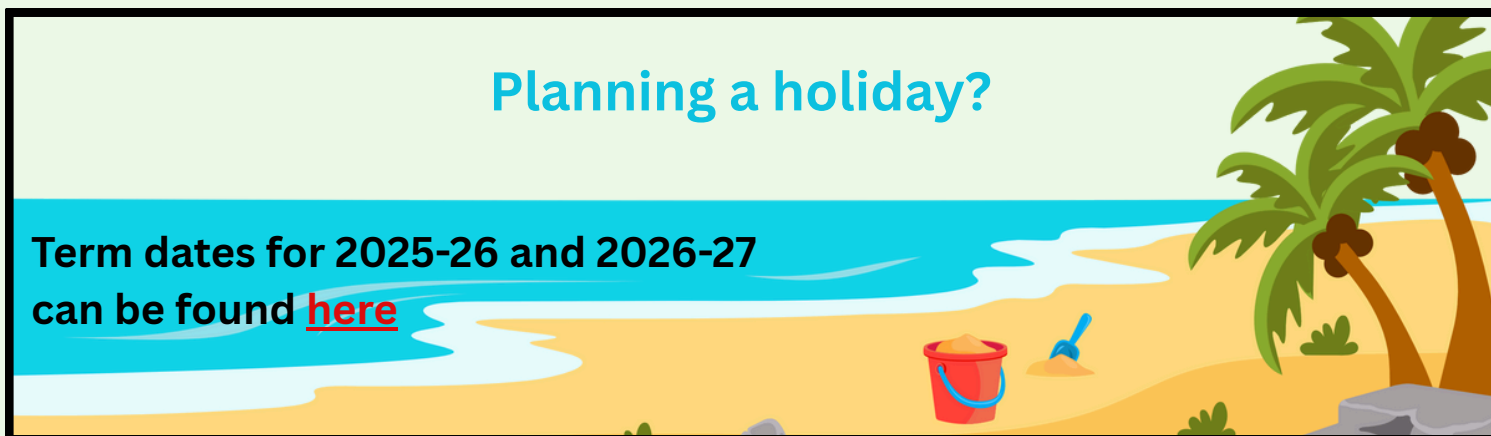


# What's on 19-23 January

Day	What's On	PE	Music Lessons	Clubs
Monday 19 January	Lower Herons to Library		Ms Bloch flute lessons	3:30 - 4:30pm Multisports Club with Mrs Perry
Tuesday 20 January				
Wednesday 21 January				
Thursday 22 January				
Friday 23 January				

## Planning a holiday?

Term dates for 2025-26 and 2026-27  
can be found [here](#)





# What's on 26-30 January

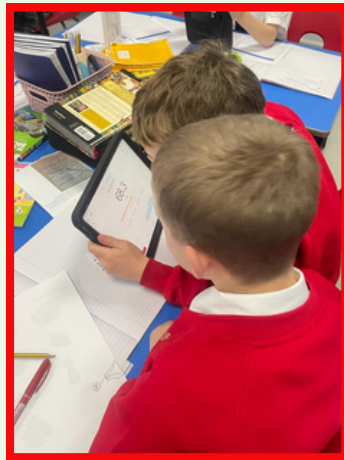
Day	What's On	PE	Music Lessons	Clubs
Monday 26 January			Ms Bloch flute lessons	3:30 - 4:30pm Multisports Club with Mrs Perry
Tuesday 27 January				
Wednesday 28 January				
Thursday 29 January	Kingfishers Forest School Day  Yrs 5&6 to Breck Foundation online safety talk at Chulmleigh College			
Friday 30 January				



Welcome back to a new term!

We've had a fantastic two weeks beginning with our launch to become St Thomas of Canterbury CE Primary School last week. and then beginning our new topics this week!

In Science, we have been investigating how light reflects by making periscopes in Year 5/6 and then measuring volume in our sound work in 3/4 using sound meters on the iPads. Lots of superb teamwork and scientific discussion here as we unpick how these areas of science work



In Geography, we have begun our new work on settlements and our local area and in Computing we are beginning to understand databases before we build our own later on in the term!



Next week, we are looking forward to getting stuck into our new times and divide units for Upper and Lower Herons, creating our own documentary report in the style of David Attenborough for English and lots more!

Have a great week everyone!  
Mr Skinner

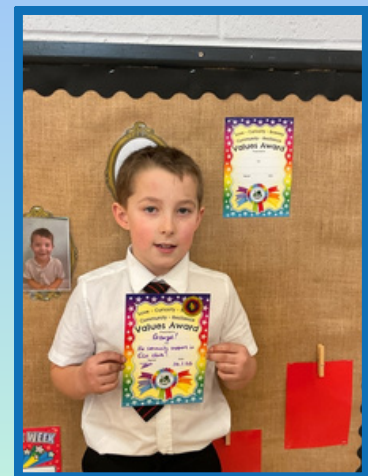
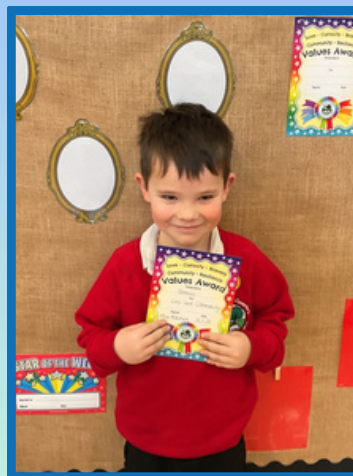
## Stars of the Week 16<sup>th</sup> January 2026



**Congratulations to Poppy, Emily & Hollie!**

## Values Award 16<sup>th</sup> January 2026

**LOVE BRAVERY RESILIENCE CURIOSITY COMMUNITY**



**Congratulations to Floella, Dominic & George!**

  
**Chulmleigh Academy Trust**  
**JOB ADVERTISEMENT**  
**Chulmleigh Primary School**  
**Fixed Term**  
**Foundation Stage Practitioner**  
**19.5 hours per week x 38 weeks per annum**  
**(with flexibility to increase number of days employed)**  
**Grade C: £13.26 - £13.69 per hour - depending on experience**  
**Required from February 2026**

To support increased nursery provision, we are seeking to appoint an enthusiastic, committed, patient and motivated Foundation Stage Practitioner to join our team at Chulmleigh Primary School.

The successful candidate will work with the teacher and senior staff to ensure a creative learning environment within the Early Years Foundation Stage framework. The role will involve high quality practice through a range of interesting and stimulating activities and supervision of individuals and groups of children in the nursery or foundation stage unit. We are delighted to offer this fixed term post to 31 August 2026 when the role will be subject to a review.

**Candidates should demonstrate the following skills and attributes:**

- Hold a recognised Level 3 Early Years qualification
- Hold suitable Level 2 Literacy and Numeracy qualifications
- Excellent communication skills
- Patience and positivity
- The ability to support colleagues, use positive behaviour management strategies and ensure the school continues its excellent provision for all pupils

In the first instance, the working pattern will be 3 days per week, 6.5 hours per day from 8.30 am - 3.30 pm, allowing for a 30-minute unpaid lunch break. The working pattern will be Tuesday and Wednesday and one other day to be confirmed. However, due to the expansion of the nursery and popularity of the provision, the ideal candidate will have flexibility to work additional hours on a casual basis when required, with the possibility of increasing the working pattern to four or five days.

The role is term time only (38 weeks per year).

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to 50% off childcare fees at our out of school clubs for children of compulsory school age.

We are committed to promoting equality of opportunity and access for all, irrespective of age, background, race, gender, religion, ability, disability, or sexuality. We welcome applications for employment from the whole community.

The candidate pack (including job description) and application form are available on our [website](#). Please download and complete the application form and email it to [personnel@chulmleigh.devon.sch.uk](mailto:personnel@chulmleigh.devon.sch.uk) by 10 am on Friday 30<sup>th</sup> January 2026. All applications will be acknowledged.

*As employers, we are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment and in that regard, we have appropriate policies and procedures. All staff undertake a criminal record check via the Disclosure and Barring Service (DBS) and interviews will include questions about safeguarding children.*

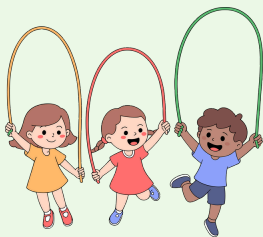
*In line with Government guidance, we may carry out online searches against shortlisted applicants' names as part of our due diligence checks.*

**Closing date: 10 am Friday 30<sup>th</sup> January 2026**  
**Interview Date: Wednesday 11<sup>th</sup> February 2026**


 disability  
 confident  
 COMMITTED



**Don't forget those named coats and wellies - the weather has been particularly awful recently!**



Skipping has been very popular recently!

We have a dedicated group of pupils who have been teaching the children how to skip at playtimes.

Skipping has many physical and mental health benefits; it improves balance, motor skills, builds muscles and is a fantastic mood booster by releasing endorphins in the body.

## Skipping Fun!



UK Health Security Agency **NHS**

## Should I keep my child off school?

### Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

**No**  
but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek

**Advice and guidance**  
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.




**SUPPORT OUR LOTTERY TODAY**

£1 per week  
Weekly cash prizes  
£25,000 jackpot

**YOUR SCHOOL LOTTERY**

£1 TICKET

### Splitting the £1.00

**How it works...**

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Lapford Community Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Lapford Community Primary School

- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

**The Maths...** 100 tickets sold a week means  
= £30 weekly cash prize  
= £2,080 a year for our school

**Buy A Ticket** GambleAware 18+



## Need advice on energy?

Our dedicated energy team are here to help you:

- Check for grants to help you pay for your energy usage
- Apply energy-saving measures to save you money
- Talk to your supplier to sort out any problems you might be having

Call us on 01237 879 233

Scan the QR code to fill out a referral form



**citizens advice** Torridge, North, Mid & West Devon

[www.citizensadviceatnmwd.org.uk](http://www.citizensadviceatnmwd.org.uk) Registered charity number 1068496

Lapford Community Primary School & Nursery **Chulmleigh Academy Trust**

# School Lunches

## MyEd + Pay £2.61

Please order by midnight the day before

\*

If you miss this deadline please provide your child with a packed lunch

[www.lapford-primary.devon.sch.uk](http://www.lapford-primary.devon.sch.uk)





**Job Advertisement**  
**GOVERNANCE PROFESSIONAL**  
Permanent, part time

25 hours per week x 39 weeks per annum (with potential for additional hours)

**CHULMLEIGH ACADEMY TRUST**

**Grade E: £15.82 - £17.47 per hour – depending on experience**

**Required from February/March 2026**

Chulmleigh Academy Trust is a family of academy schools, which includes Chulmleigh College, Chulmleigh Primary School, East Worlington School, and St Thomas of Canterbury CE Primary School. Our aim is to provide the highest quality education for the children and young people in our care at every stage, with exceptional teaching in a supportive, friendly, and safe environment.

We are seeking to appoint an enthusiastic, organised Governance Professional who will provide advice and administrative support to the Board of Directors and its individual members on governance, constitutional and procedural matters. The ideal candidate will have the ability to prioritise, demonstrate excellent management and communication skills and will need to maintain the highest level of confidentiality and discretion.

This will be an exciting time to be joining an experienced and well-established Trust as the governance structure evolves to incorporate a new local governance model. This will give the candidate a unique opportunity to make a meaningful difference by supporting Trustees in shaping how the new level of governance operates in practice – therefore making the role their own. The candidate will work closely with the Trust's highly experienced Chair of Directors and will be fully supported by receiving a structured and in-depth handover from the experienced Clerk to the Directors. Full training will be provided.

The successful candidate is expected to be highly proficient in both verbal and written communication, and the use of ICT. Comprehensive support will be provided to ensure a smooth introduction to this key role.

The role is available from February, but we are keen to appoint the best candidate and have some flexibility regarding the start date.

Main responsibilities include:

- To arrange meetings assisting with preparation, collation and distribution of associated papers.
- To facilitate effective and efficient meetings and strategic governance, recording governing board challenge, actions and decisions via concise and accurate minutes.
- To ensure governance is compliant with the relevant legislation and requirements in accordance with the Trust's Master Funding Agreement, Articles of Association and Schemes of Delegation and complies with company and charity law.
- To facilitate and coordinate the induction process for new governors and promote governor training, succession planning and recruitment based on the skills required to fulfil the Board of Directors three key roles.
- To draft complex correspondence on behalf of the Directors and Senior Leadership Team.
- To serve as Company Secretary.

Further information including main duties across all areas of responsibility is contained within the Candidate Pack available on our [website](#).

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to receive a 50% discount on childcare fees at our out of school clubs for children of compulsory school age.

We are committed to promoting equality of opportunity and access for all, irrespective of age, background, race, gender, religion, ability, disability, or sexuality. We welcome applications for employment from the whole community.

Details of the application process are contained in the Candidate Pack. Completed application forms to be emailed to [personnel@chulmleigh.devon.sch.uk](mailto:personnel@chulmleigh.devon.sch.uk) by 10 am on Thursday, 29 January 2026. All applications will be acknowledged.

As employers, we are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment and in that regard, we have appropriate policies and procedures. All staff undertake a criminal record check via the Disclosure and Barring Service (DBS) and interviews will include questions about safeguarding children.

In line with Government guidance, we may carry out online searches against shortlisted applicants' names as part of our due diligence checks.

Closing date: 10 am on Thursday, 29 January 2026

Interview Date: Thursday, 5 February 2026



**JOB ADVERTISEMENT**

**Two Teaching Assistant roles**  
Temporary, part time  
30 hours per week x 39 weeks per annum  
**Grade C: £13.26 - £13.69 per hour**  
(depending on experience)  
**Required as soon as possible**

Chulmleigh College is a school with exemplary standards of behaviour, where a high level of respect underpins our academic success. All staff play an active role in promoting our learning ethos.

We are seeking to appoint two enthusiastic individuals to join our committed and experienced Learning Support team. Candidates should be tenacious and committed to supporting pupils, including those with special educational needs, whilst being an excellent team player and communicator.

We are firmly committed to an inclusive learning environment, in which all pupils are valued, feel that they belong, and can achieve their potential.

The role will include providing help with learning tasks either in-class or in small groups; feeding back to class teachers on progress made; encouraging pupils to take responsibility for their own learning and promoting the use of strategies to support pupils to aspire to achieve their goals. Previous experience of working with pupils with different abilities would be an advantage, but experience is not essential as relevant training will be given.

The successful candidates will work to support pupils to develop their literacy and numeracy skills, and so a standard proficiency in these areas is essential.

This is a fantastic opportunity for anyone interested in working with children with special educational needs.

The number of hours per week, for each role, is 30, with a working pattern of Monday to Friday 8:40 am to 3:30 pm (including a 50-minute unpaid break). The post is temporary as it is subject to the continued attendance of the child and/or the result of any special needs or funding review.

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to 50% off childcare fees at our out of school clubs for children of compulsory school age.

We are committed to promoting equality of opportunity and access for all, irrespective of age, background, race, gender, religion, ability, disability, or sexuality. We welcome applications for employment from the whole community.

The job description, application form and information about our dynamic and caring school are available on our [website](#).

Please download and complete the application form and email it to [personnel@chulmleigh.devon.sch.uk](mailto:personnel@chulmleigh.devon.sch.uk) by 10 am on Monday 26<sup>th</sup> January 2026. All applications will be acknowledged.

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Closing date: 10 am Monday 26<sup>th</sup> January 2026

Interview date: Tuesday, 3<sup>rd</sup> February 2026



**JOB ADVERTISEMENT**

**Teaching Assistant & Expressive Arts Technician**  
Temporary, part time  
30 hours per weeks x 39 weeks per annum  
**Grade C: £13.26 - £13.69 per hour**  
(depending on experience)  
**Required as soon as possible**

Chulmleigh College is a school with exemplary standards of behaviour, where a high level of respect underpins our academic success. All staff play an active role in promoting our learning ethos.

We are seeking to appoint an enthusiastic individual to join our committed and experienced Learning Support and Expressive Arts Teams. Candidates should be tenacious and committed to supporting pupils, including those with special educational needs, whilst being an excellent team player and communicator.

Teaching Assistant role will include providing help with learning tasks either in-class or in small groups; feeding back to class teachers on progress made; encouraging pupils to take responsibility for their own learning and promoting the use of strategies to support pupils to aspire to achieve their goals. Previous experience of working with pupils with different abilities would be an advantage, but experience is not essential as relevant training will be given.

The successful candidates will work to support pupils to develop their literacy and numeracy skills, and so a standard proficiency in these areas is essential.

This is a fantastic opportunity for anyone interested in working with children with special educational needs.

The post is temporary as it is subject to the continued attendance of the child and/or the result of any special needs or funding review.

Expressive Arts Technician in addition to the above, additional responsibilities will include providing support to the Expressive Arts Department covering Drama, Music and Art.

Ideally, we would welcome applications from candidates with musical skills, kit room experience or filming and recording skills or candidates with a keen willingness to learn the skills needed to offer practical support across the Expressive Arts Department.

The total number of hours per week shared across the combined role is 30, with a working pattern of Monday to Friday. Actual timings will be discussed at interview, but there will be occasions when hours will need to be flexible to support performances and examination days. We are seeking candidates who can share their creative passion with our pupils.

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to 50% off childcare fees at our out of school clubs for children of compulsory school age.

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In line with Government guidance, we may carry out online searches against shortlisted applicants' names as part of our due diligence checks.

Closing date: 10 am Monday 26<sup>th</sup> January 2026

Interview date: Tuesday, 3<sup>rd</sup> February 2026



**JOB ADVERTISEMENT**

**Two roles at Chulmleigh College**  
Permanent, Part time Administrative Officer  
37 hours per week x 41 weeks per annum  
and  
Permanent, Part time Personnel and Administrative Officer  
30 hours per week x 39 weeks per annum  
**Grade D: £13.90 to £14.82 per hour (depending on experience)**  
**Required as soon as possible**

Following internal promotion Chulmleigh Academy Trust is seeking to appoint to the two roles of permanent Administrative Officer and permanent Personnel and Administrative Officer. Candidates will be enthusiastic, organised and friendly, keen to join our committed and hardworking personnel and administrative team.

The Administrative Officer will provide comprehensive administrative support to ensure the smooth day to day operation of tasks supporting a wide range of general services within the Academy and maintaining and devising efficient and effective administrative processes and procedures. Experience of working in a school admin team environment would be an advantage, although not essential as training will be provided.

We are pleased to offer this permanent post for 37 hours per week x 41 weeks per annum (term time plus 2 weeks during the summer holidays to support the academic year transition). The working pattern is to be agreed at interview.

The Personnel and Administrative Officer will work closely with the current Personnel team coordinating recruitment, maintaining employee records, processing payroll and managing staff absence. Ideally candidates will have previous personnel experience.

We are pleased to offer this permanent post for 30 hours per week x 39 weeks per annum – term time only. The working pattern will be Monday to Friday with actual timings to be agreed at interview.

The roles are based at Chulmleigh College and will involve working with the other schools within the Trust.

The successful candidates will need to be confident with excellent interpersonal, communication and IT skills. The post holders will need to be able to prioritise work to meet deadlines and maintain a high standard of accuracy and attention to detail.

Employment benefits include eligibility to join the Local Government Pension Scheme. In addition, employees of the Trust are entitled to 50% off childcare fees at our out of school clubs for children of compulsory school age.

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Closing date: 10 am Monday, 26<sup>th</sup> January 2026

Interview Date: Monday 2<sup>nd</sup> February 2026



**Lapford Breakfast Club Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans on Toast	Bagels	Sausage Baps	Toasted Teacakes	Scrambled Eggs on Toast

- Toast
- Crumpets
- Selection of Jams & Spreads
- Fresh Fruit
- Yoghurt
- Cereals
- Milk
- Apple Juice
- Orange Juice
- Water

**AVAILABLE EVERY DAY!**

**FREE Breakfast Club for Reception to Year 6 pupils**

**ALL pupils from Reception to Year 6 can book into our FREE 8:30am Breakfast Club. Please go to MyEd to select your days!**

**Chulmleigh Academy Trust**

**FRESH FRUIT & YOGHURT SERVED DAILY**

## SPRING MENU

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Breakfast Brunch with Bacon, Sausage, Hash Brown and Beans	Beef Lasagne with Wedges & garden Peas	Roast Gammon with Roast Potatoes, Gravy, Carrots and Cabbage	Chicken Korma with Rice & Naan Bread	Fish Finger Sandwich with Iceberg Lettuce in a Bap with Roasted New Potatoes and Garden Peas
<b>MEAT-FREE MAIN</b>	Quorn Sausage with Hash Brown, Beans & Tomatoes	Vegetarian Lasagne with Wedges & Garden Peas	Broccoli & Cauliflower Gratin with Roast Potatoes, Carrots and Cabbage	Vegetarian Cauliflower, Chickpea & Sweet Potato Korma with Rice & Naan Bread	Veggie Finger Sandwich with Iceberg Lettuce in a Bap with Roasted New Potatoes and Garden Peas
<b>JACKET POTATO</b>	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna	Cheese or Tuna Mayo	Cheese or Beans
<b>SANDWICH</b>	Cheese or Ham	Ham or Tuna Mayo	Cheese or Tuna Mayo	Ham or Cheese	Ham or Tuna Mayo
<b>DESSERT</b>	Fruit Platter Yogurt Fresh Fruit	Carrot and Courgette Chocolate Brownie Yogurt Fresh Fruit	Flapjack Yogurt Fresh Fruit	Banana Cake Yogurt Fresh Fruit	Coconut Cookie Yogurt Fresh Fruit

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

# School Lunches

Chulmleigh Academy Trust

**FRESH FRUIT & YOGHURT SERVED DAILY**

## SPRING MENU

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Battered Chicken Burger in a Bap with Wedges & Salad	Savoury Mince with Creamy Mash, Carrots and Peas	Roast Pork with Roast Potatoes, Carrots, Cabbage & Gravy	Kung Pao Chicken with Steamed Rice & Sweetcorn	Breaded Fish with Roasted New Potatoes and Beans
<b>MEAT-FREE MAIN</b>	Plant Based Burger in a Bap with Wedges & Salad	Vegetarian Spanish Bean Stew with Creamy Mash, Carrots & Peas	Vegetarian Homity Pie with Roast Potatoes, Carrots and Cabbage	Vegetarian Sweet & Sour Vegetables with Rice & Sweetcorn	Vegetable Fajita with Roasted New Potatoes And Beans
<b>JACKET POTATO</b>	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna Mayo	Cheese or Beans
<b>SANDWICH</b>	Cheese or Ham	Tuna or Ham	Cheese or Tuna	Cheese or Ham	Tuna or Ham
<b>DESSERT</b>	Iced Sponge	Sticky Toffee Cake with Toffee Sauce	Banana Mousse	Chocolate Krispie Cake	Lemon Drizzle
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Chulmleigh Academy Trust

**FRESH FRUIT & YOGHURT SERVED DAILY**

## SPRING MENU

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Beef Meatballs in a Tomato Sauce with Spaghetti, Sweetcorn & Garlic Bread	Hoisin Chicken Stir Fry Noodles with Sweetcorn & Garden Peas	Roast Turkey with Roast Potatoes, Carrots, Cabbage & Gravy	Chipolata Sausage with Mash, Gravy, Carrots & Peas	Chicken Nuggets with Roasted New Potatoes & Baked Beans
<b>MEAT-FREE MAIN</b>	Vegetarian Tomato & Mozzarella Pasta with Sweetcorn & Garlic Bread	Vegetarian Singapore Noodles with Sweetcorn & Garden Peas	Vegetarian Leek & Mushroom Bake with Roast Potatoes, Carrots, Cabbage & Gravy	Vegetarian Sausage with Mash, Gravy, Carrots & Peas	Vegetarian 'No Chicken' Nuggets with Roasted New Potatoes & Baked Beans
<b>JACKET POTATO</b>	Cheese or Tuna Mayo	Cheese or Beans	Beans or Tuna Mayo	Cheese or Tuna mayo	Cheese or Beans
<b>SANDWICH</b>	Cheese or Ham	Tuna Mayo or Ham	Cheese or Tuna Mayo	Cheese or Ham	Tuna Mayo or Ham
<b>DESSERT</b>	Apple & Cinnamon Cake	Jam & Coconut Sponge	Fruit Jelly & Mandarins	Custard Cookie	Carrot Cake
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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