

NEWSLETTER



RECEPTION: 01363 83292

www.stc-primary.devon.sch.uk

EMAIL: admin@stc-primary.devon.sch.uk

28 September 2026



Dear Parent(s)/ Carer(s)

Herons Bikeability

Throughout last week, Herons had been busy on their bikes, working towards their Level 1 and Level 2 Bikeability awards. The children listened brilliantly to their instructor, Paula, developing their cycling skills and learning how to navigate the roads safely and confidently on two wheels.

By the end of the week, every child had successfully completed both their Level 1 and Level 2 awards – a fantastic achievement! We hope that, now they have developed greater confidence and awareness on the roads, some of our children who are able to might even choose to cycle to school.

Well done, Herons!

Kingfishers Swimming

While Herons were busy on their bikes, Kingfishers took the opportunity to head to the pool for their first swimming lesson of the year. For most of the class, this was their first experience of swimming with school, so it was lovely to see just how enthusiastic and excited they were to get involved.

The children listened carefully to their swimming instructor, followed instructions brilliantly and approached all of the activities with confidence and enthusiasm. This first session gave everyone a chance to become familiar with the pool and for their swimming skills to be assessed. We look forward to seeing how much progress they make when they begin their regular swimming lessons after half term!

Forest School

On Wednesday, Kingfishers headed outside for their first Forest School session of the year. You may remember that during the summer term we planted potatoes, pumpkins and courgettes in our allotment area, and this week it was finally time to see what had grown!

The children set to work digging up our vegetables that were ready and we were absolutely delighted with our bumper harvest. Alongside the vegetables, Kingfishers also collected an impressive number of apples from around the school grounds.



We have decided to share much of our home-grown produce with The Ark as part of our Harvest Festival donations – a lovely opportunity for the children to see our school value of Love in action by sharing what we have grown with others in our community.

Harvest Festival

Our Harvest Festival will take place at the Congregational Church on Thursday 8th October at 2:00pm, and we would love to see you there. We will begin collecting donations in school from today, and children are invited to bring in any of the following:

- Long life items in jars and tins
- Toiletries, such as shampoo, conditioner, shower gel, soap
- Dog/cat food
- Toilet roll
- Pasta and rice
- Biscuits and chocolate



**School Council visiting
Lapford Foodbank today**

Anything with a long shelf life that families are able to spare for our foodbank collection will be very gratefully received. The Lapford Foodbank supports the community within a 6 mile radius, so your support and generosity can help so many in our community.

Thank you



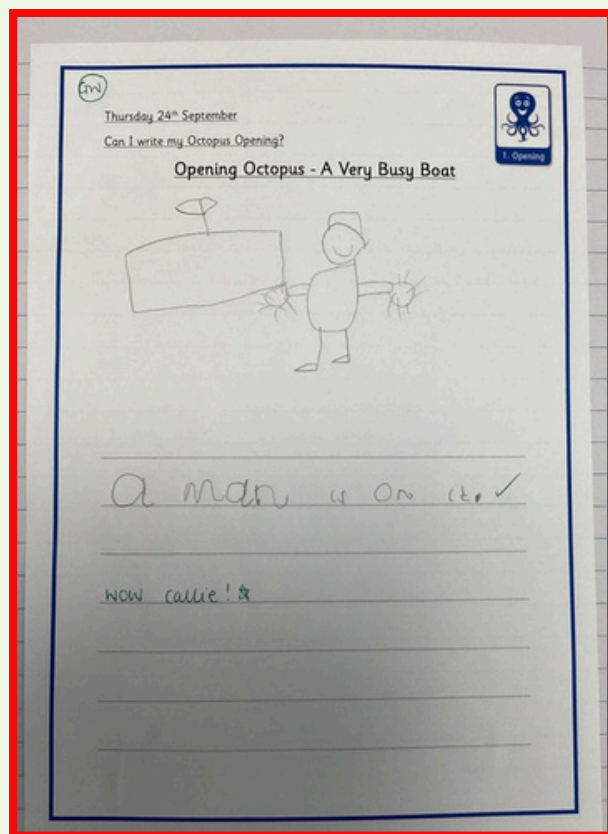
We have loved watching our youngest children settle into school over the past few weeks. They really are like little sponges, soaking up all of their new learning and approaching each day with such enthusiasm and curiosity!

Writing

This week, some of our Lower Robins wrote their very first sentences – an incredible achievement considering we are only in our third week of the school year. Seeing how much confidence and independence they are already developing has been wonderful.

Lower Robins, you have absolutely blown me away – what a fantastic start to school!

Have a great week.
Mrs Wright



Joffre White

Author,
and a UK Patron of Reading,
will be visiting

St Thomas of Canterbury
Primary School
Lapford

On

Tuesday 6th October 2026

If you would like to purchase personally
signed copies of his latest thrilling adventure,

AURA BOY

£8.50 (rrp £8.99)

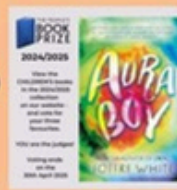
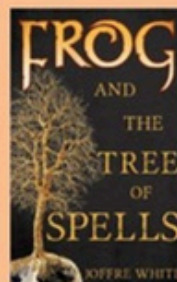
or any of the legendary FROG fantasy adventure series,
they will be available on the day at discount prices.

'Frog', 'Frog and The Sandspiders', and 'Frog and the Tree of Spells'.
Paperbacks - £7.50 each (rrp. £8.99) **THE FROG TRILOGY** - £22.00 (Three Books.)

(Cash or mobile direct bank transfer on the day.)

"Joffre White is a master storyteller; his books leave you breathless." –
Alexander Gordon Smith, UK Award-Winning Author & Film producer.

www.joffrewhite.com





What's on 28 September - 2 October

Day	What's On	PE	Music Lessons	Clubs
Monday 28 September	Herons swimming			
Tuesday 29 September				
Wednesday 30 September	Robins Forest School afternoon		Ms Bloch flute lessons	
Thursday 1 October			Mrs Craddock violin and keyboard lessons Mr White drum lessons	
Friday 2 October	Kingfishers to library			

PLANNING A HOLIDAY?

Term dates for 2026-27 can be found [here](#)



What's on 5-9 October

Day	What's On	PE	Music Lessons	Clubs
Monday 5 October	Herons swimming			
Tuesday 6 October	TEMPEST INDIVIDUAL & SIBLING PHOTOS Joffre White author visit - Key Stage 2			
Wednesday 7 October	Kingfishers Forest School afternoon		Ms Bloch flute lessons	
Thursday 8 October	Harvest Festival		Mrs Craddock violin and keyboard lessons Mr White drum lessons	
Friday 9 October				

PLANNING A HOLIDAY?

Term dates for 2026-27 can be found [here](#)



OPAL Playtimes

We have started the new term with a playground full of fun, creativity and plenty of games! With some lovely weather to enjoy this week, it has been wonderful to see children across the school making the most of the wide range of activities on offer during our OPAL playtimes.



Our two new bikes have proved very popular, with children of all ages enjoying taking them for a spin around the playground.

This week, lots of children have also been getting creative in our junk modelling area, turning boxes, tubes and all sorts of recycled materials into some fantastic creations!



Football is well and truly back in force, while elsewhere on the playground groups of children have been completely absorbed in imaginative role play and creating their own games together.

There is always something happening on our playground and we absolutely love seeing the children playing, creating, exploring and having fun together.

We love our playtimes at St Thomas of Canterbury!

Almost every day last week, we took delivery of exciting new resources for our playground! These have been purchased using the fantastic funds raised through our Skipathon last year, and we will be introducing them gradually through our OPAL assemblies over the next few weeks.

There are lots of exciting additions still to come, but we are particularly looking forward to getting our new rope swing up and in action! This week, the children have been enjoying another new addition – a collection of lovely, colourful balls to add to our playtime resources.

A huge thank you to everyone who supported the Skipathon and helped us to raise the money. It is wonderful to see those funds now being used to make our playtimes at St Thomas of Canterbury even more fun, active and exciting!



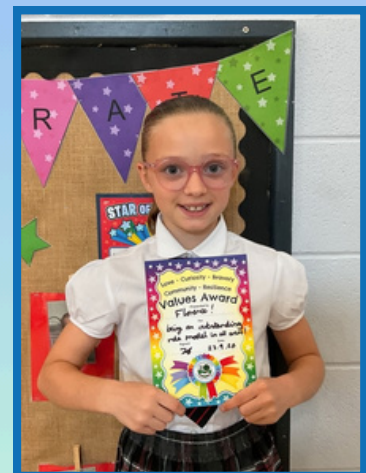
Stars of the Week 25th September 2026



Congratulations to Evie, Dominic & Giles!

Values Award 25th September 2026

LOVE BRAVERY RESILIENCE CURIOSITY COMMUNITY



Congratulations to Ethan, Poppy P & Florence!



For further information
Please visit our website:



Tax-free childcare!
Please follow this link:
[Tax-Free Childcare - GOV.UK](https://www.gov.uk/tax-free-childcare)



Wrap-around Care



Time Slots Available Between: 7.30am - 9am
3.30pm - 6pm

Charges: Registration Fee £10 (per family)
£7.50 per hour for under 2s
£6.50 per hour for 2 year olds
£6.00 per hour for 3-4 year olds
£4.80 per hour for Reception to Year 6
After 6pm Late Collection Charge - £15



Tel: 01363 83292

Email: admin@stc-primary.devon.sch.uk

www.stc-primary.devon.sch.uk

Drum Lessons
Now offered
at school.

For more info contact Ben at
devondrumschool@gmail.com

Tel:
07966-488481





UK Health Security Agency



Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minifec>.





St Thomas of Canterbury
CE Primary School, Lapford

SUPPORT OUR LOTTERY TODAY

£1 per week
Weekly cash prizes
£25,000 jackpot

How it works...

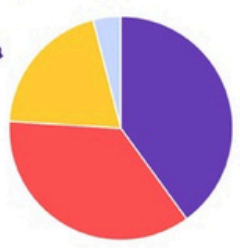
It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Lapford Community Primary School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Lapford Community Primary School

Splitting the £1.00



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths...

100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school

Buy A Ticket

GambleAware 18+



Dates for the Diary

FLS Meeting Dates 2026

All Welcome!

- 5th March – 7.30pm
- 2nd April – 3.30pm
- 7th May – 7.30pm
- 4th June (AGM) – 3.30pm
- 2nd July – 7.30pm
- No meeting in August
- 3rd September – 7.30pm
- 1st October – 3.30pm
- 12th November – 7.30pm (week later due to bonfire night)
- 3rd December – 3.30pm







St Thomas of Canterbury
CE Primary School, Lapford

Come and join us!

- Tuesdays term-time
- 9.00 – 10.30am
- Children aged 0 – 4 years, accompanied by an adult
- Fruit snack provided

Stay and Play

- Sessions led by our Senior Foundation Stage Nursery Practitioner
- Fun Activities
- An opportunity to get to explore our fantastic school grounds
- Make friends





Chulmleigh Music Academy
Supported by 

Wednesdays, 3.45pm to 4.45pm
(Primary pupils from 4.00pm)

Heywood Hall, Chulmleigh College
Open to all:

- Singers
- String, Brass and Woodwind Players who are above Grade 1 standard



For more information please contact:
musictuition@chulmleigh.devon.sch.uk




School Lunches

**MyEd + Pay
£2.66**

Please order by midnight 4 days before *

If you miss this deadline please provide your child with a packed lunch

www.stc-primary.devon.sch.uk



CHULMLEIGH ACADEMY TRUST School Terms and Holiday Dates - 2027/2028 Academic Year

	September				October				November					December				January					February								
College Week		1	2	1	2		1	2	1		2	1	2	1	2		1	2	1		1	2	1	2	1		2	1	2		
Monday		6	13	20	27		4	11	18	25	1	8	15	22	29		6	13	20	27	1	8	15	22	29		7	14	21	28	
Tuesday		7	14	21	28		5	12	19	26	2	9	16	23	30		7	14	21	28	2	9	16	23	30		1	8	15	22	29
Wednesday	1	8	15	22	29		6	13	20	27	3	10	17	24			1	8	15	22	29	3	10	17	24		2	9	16	23	30
Thursday	2	9	16	23	30		7	14	21	28	4	11	18	25			2	9	16	23	30	4	11	18	25		3	10	17	24	
Friday	3	10	17	24		1	8	15	22	29	5	12	19	26			3	10	17	24	31	5	12	19	26		4	11	18	25	

	March				April				May					June				July					August								
College Week		1	2	1	2				1	2	1	2		1	2	1	2		1	2	1										
Monday		6	13	20	27		3	10	17	24	1	8	15	22	29		3	10	17	24	31							7	14	21	28
Tuesday		7	14	21	28		4	11	18	25	2	9	16	23	30		4	11	18	25							1	8	15	22	29
Wednesday	1	8	15	22	29		5	12	19	26	3	10	17	24	31		5	12	19	26							2	9	16	23	30
Thursday	2	9	16	23	30		6	13	20	27	4	11	18	25			1	8	15	22	29					3	10	17	24	31	
Friday	3	10	17	24	31		7	14	21	28	5	12	19	26			2	9	16	23	30					4	11	18	25		

Bank Holidays

27 December 2027
28 December 2027
03 January 2028
14 April 2028 (Good Friday)
17 April 2028 (Easter Monday)
01 May 2028 (May Day)
29 May 2028 (Spring Bank Holiday)
28 August 2028 (Summer Bank Holiday)

Non-Pupil Days

Five days selected from within the term dates to be determined by the Board of Directors

Occasional Holidays

Two days selected from within the term dates to be determined by the Board of Directors



Breakfast Club Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beans on Toast	Bagels	Sausage Baps	Toasted Teacakes	Scrambled Eggs on Toast
				

- Toast
- Crumpets
- Selection of Jams & Spreads
- Fresh Fruit
- Yoghurt
- Cereals
- Milk
- Apple Juice
- Orange Juice
- Water

AVAILABLE EVERY DAY!

FREE Breakfast Club for Reception to Year 6 pupils

ALL pupils from Reception to Year 6 can book into our FREE 8:30am Breakfast Club. Please go to ParentMail to select your days!

Please click [HERE](#) for the lunch menu allergen information



AUTUMN MENU

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Beef and Pork Bolognese with Homemade Focaccia Bread and Vegetable Sticks	Devon Pork Sausages with Mashed Potato, Gravy, Peas and Sweetcorn	Roast Chicken and Gravy with Roast Potatoes and Seasonal Vegetables	Fish Cakes with Potato Wedges and Sweetcorn and Red Pepper Salad	Chicken Chunks with Chips and Garden Peas
MAIN TWO	Vegetarian Bolognese with Homemade Focaccia Bread and Vegetable Sticks	Vegetarian Sausages with Mashed Potato, Gravy, Peas and Sweetcorn	Cheese and Leek Pie with Roast Potatoes and Seasonal Vegetables	Cauliflower, Chickpea and Butternut Squash Curry with Steamed Rice and Sweetcorn and Red Pepper Salad	Vegetable Nuggets with Chips and Garden Peas
JACKET POTATO	Cheese or Tuna Mayo	Ham or Tuna Mayo	Tuna Mayo or Cheese	Cheese or Beans	Cheese or Beans
SANDWICH	Cheese or Ham	Tuna Mayo or Ham	Tuna Mayo or Cheese	Cheese or Ham	Tuna Mayo or Ham
DESSERT	Custard Cookie	Chocolate Cake	Fresh Fruit Platter	Apple Toffee Cake	Flapjack

Educatering
The National Food Partnership

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

 AUTUMN MENU WEEK TWO					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Beef Chilli Con Carne with Steamed Rice and Salad Sticks	Middle Eastern Chicken and Salad Flatbread with Potato Wedges and Coleslaw	Roast Chicken and Gravy with Roast Potatoes and Medley of Green Vegetables	Crispy Katsu Chicken with Steamed Rice and Sweetcorn	Fish Fingers with Chips and Garden Peas
MAIN TWO	Vegetable Chilli with Steamed Rice and Salad Sticks	Roasted Middle Eastern Vegetable Flatbread with Potato Wedges, Chopped Salad and Coleslaw	Seasonal Vegetable Packed Yorkshire Pudding with Roast Potatoes and Medley of Green Vegetables	Katsu Quorn Fillet with Steamed Rice and Sweetcorn	Mozzarella and Tomato Pinwheel with Chips and Garden Peas
JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Tuna Mayo or Beans	Cheese or Tuna Mayo	Cheese or Beans
SANDWICH	Cheese or Ham	Tuna Mayo or Ham	Tuna Mayo or Cheese	Cheese or Ham	Tuna Mayo or Ham
DESSERT	Banana Marble Cake	Chocolate Cake	Summer Fruit Strudel	Chocolate Brownie	Raspberry Muffin

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 AUTUMN MENU WEEK THREE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Southern Fried Chicken with Potato Wedges, Baked Beans and Coleslaw	Devon Pork Sausage Plait with Potato Balls, Sweetcorn and Tomato Sauce	Roast Devon Pork and Gravy with Roast Potatoes and Seasonal Vegetables	Devon Beef Lasagne with Garlic Focaccia and Chopped Salad	Ham Pizza with Chips and Coleslaw
MAIN TWO	Homemade Veggie Burger with Potato Wedges, Baked Beans and Coleslaw	Quorn Hotdog with Potato Balls, Sweetcorn and Tomato Sauce	Beetroot and Lentil Wellington with Roast Potatoes and Seasonal Vegetables	Vegetable and Mixed Bean Lasagne with Garlic Focaccia and Chopped Salad	Margherita Pizza with Chips and Coleslaw
JACKET POTATO	Cheese or Tuna Mayo	Cheese or Beans	Tuna Mayo or Beans	Cheese or Tuna Mayo	Cheese or Beans
SANDWICH	Cheese or Ham	Tuna Mayo or Ham	Tuna Mayo or Cheese	Cheese or Ham	Tuna Mayo or Ham
DESSERT	Orange Cookie	Strawberry Jelly	Chocolate Mousse	Blueberry Flapjack	Fresh Fruit Platter

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